



The Pastoral Care of People with Mental Health Problems

Marion L.S. Carson

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
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As a minister or pastoral worker it is highly likely that, at some stage in your ministry, you will find yourself caring for people with psychiatric problems and their families. "The Pastoral Care of People with Mental Health Problems" provides an invaluable resource to help you provide the best care for those suffering from the most common problems, such as: depression, Alzheimer's disease, anorexia, addiction to drugs or alcohol, post-traumatic stress disorder, bipolar disorder, schizophrenia and anti-social personality disorder. As well as outlining the main psychiatric conditions and their treatments, the particular issues facing pastoral workers are examined and some of the ethical issues involved are discussed. Using a wealth of pastoral illustrations, the book offers practical advice and guidance for the care of individuals and families who find their lives turned upside down by psychiatric illness. It addresses questions such as: How can I help the family of a young girl who cuts herself? What is the difference between depression and an abnormal grief reaction? And how can I distinguish between a symptom of mental illness and genuine religious revelation? In cases of severe mental illness it will be necessary to work alongside medical, nursing and social work staff, and guidance on how to do this effectively is given.

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