



# The Last Gift of Time: Life Beyond Sixty

*Carolyn G. Heilbrun*

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## **The Last Gift of Time: Life Beyond Sixty** Carolyn G. Heilbrun

When she was young, distinguished author and critic Carolyn Heilbrun solemnly vowed to end her life when she turned seventy. But on the advent of that fateful birthday, she realized that her golden years had been full of unforeseen pleasures. Now, the astute and ever-insightful Heilbrun muses on the emotional and intellectual insights that brought her "to choose each day for now, to live." There are reflections on her new house and her sturdy, comfortable marriage; sweet solitude and the pleasures of sex at an advanced age; the fascination with e-mail and the joy of discovering unexpected friends. Even the encroachments of loss, pain, and sadness that come with age cannot spoil Heilbrun's moveable feast. They are merely the price of bountiful living.

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