

How to Get Dressed: A Costume Designer's Secrets for Making Your Clothes Look, Fit, and Feel Amazing

Alison Freer



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Costume designer Alison Freer's styling kit is a magical bag of tricks, built to solve every single wardrobe malfunction on earth. TV and film productions wait for nothing, so her solutions have to work fast. In *How to Get Dressed*, Alison distills her secrets into a fun, comprehensive style guide focused on rethinking your wardrobe like a fashion expert and making what's in your closet work for you. She provides real-world advice about everything style-related, including:

- Making every garment you own fit better
- Mastering closet organization
- The undergarments you actually need
- The scoop on tailors and which alterations are worth it
- Shopping thrift and vintage like a rockstar

Instead of repeating boring style "rules," Alison breaks the rules and gets real about everything from bras to how to deal with inevitable fashion disasters. Including helpful information such as how to skip ironing and the dry cleaners, remove every stain under the sun, and help clueless men get their sartorial acts together, *How to Get Dressed* has hundreds of insider tips from Alison's arsenal of tools and expertise.

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