



# Dumped: A Guide to Getting Over a Breakup and Your Ex in Record Time!

*Maryjane Fahey, Caryn Beth Rosenthal*

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**Dumped: A Guide to Getting Over a Breakup and Your Ex in Record Time!** Maryjane Fahey, Caryn Beth Rosenthal

The ultimate post-breakup bible for women. This smart, sassy, and visually fun book will inspire women to take charge of their lives, get over their exes, and get off their asses and have fun! The book includes the authors' own personal stories, told with irreverent humor, as well as advice from other women who've been dumped, and lots of empowering (and humorous) quotations. And if that isn't enough, the book is filled with practical recommendations on where to go and what to do to get your life back on track.

**Praise for DUMPED:** "Big laughs and big fun." -- Rory Freedman, coauthor of *Skinny Bitch*, # 1 New York Times Best Seller

"A kick-ass book about picking your ass up when you're down...These gals are the best coaches and best friends that you need." -- Jill Conner Browne, author of *Sweet Potato Queens' Book of Love*, # 1 New York Times Best Seller

."DUMPED is a hilarious, irreverent, and empowering (but not in a gross way) guide to getting over the guy and getting a life. You will laugh, nod, and finally delete that jerk from your contacts." -- Amy Sohn, columnist, *New York Magazine* and *New York Post*, and author, *Sex and the City: Kiss and Tell*, New York Times Best Seller

"...After reading DUMPED, you'll wish you were dumped yourself just so you can join their gang of self-empowered babes."-- Lewis Schiff, coauthor of *The Middle-Class Millionaire* Read

"Maryjane Fahey & Caryn Beth Rosenthal's funny yet spot-on practical guide to getting over the jerk." -- Tracey Jackson, author of *Between a Rock and a Hot Place* and screenwriter of *Confessions of a Shopaholic*

"Far better company than your good-for-nothing ex." --Michael Hogan, Executive Entertainment Editor, *The Huffington Post*

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