

# **Breathing Grace: What You Need More Than Your Next Breath**

Harry Kraus

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Each week thousands of Christians will sing "Amazing Grace" at church, paying lip service to one of the most phenomenal aspects of Christianity, yet walking away untouched by its magnitude. They pay mental assent to the concept, but their hearts are untouched.

In the author's words, "God's grace is amazing, abundant, free, and available. So why is spiritual famine an epidemic both inside and outside the church? Because although we've come to Christ by recognizing grace, few of us have carried it along as essential equipment on the Christian path. . . . God never promised a painfree life, but he did promise that his grace is all we need in our search for peace and fulfillment."

Breathing Grace is a unique look at a topic that stands at the very core of the Christian faith. Dr. Harry Kraus, best-selling author and practicing surgeon, reveals the gospel of grace through a series of medical metaphors, predominantly the physiology of our need for and utilization of oxygen. The clinical flavor of the book brings to life a subject that many Christians have failed to grasp and incorporate into their daily lives, illustrating our need, God's provision, and the moment-by-moment inflow and exhalation of grace to a starving world.

Breathing Grace includes study questions for group and individual use.



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