



The Control Book

Peter Masters

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The Control Book is about the fine art of taking control of your partner. It's about the processes involved, about taking control, using control, about ensuring that you have control, and-importantly-about giving control back once you are done with it. The book discusses how this works-the psychology of it-and looks at what can go right, and at what can go wrong and how to fix it. It considers the role of authority in the equation, and looks at how to manage the control you have over someone so that it is both effective and rewarding for you both. I believe that a very large part of the activities which we include under the umbrella of BDSM rely explicitly or implicitly on control being asserted over one person by another. My goal in this book is to talk about control, explain what it is, demonstrate it, show how to take it, how to give it, how to manage it, and more. I want you, the reader, to be aware of the ebb and flow of control around you and through you.

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