



**Sugar Detox Recipes Ready In 30 Minutes Or Less,
Vol.1: With 40 Mouthwatering Recipes For All
Program Levels - Complete Meal, Snack & Dessert
Recipes Included! (Sugar Detox Cookbook)
(Volume 1)**

Sandra Sullivan

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If you want to get rid of excess body fat easily, permanently and without feeling starved... then this sugar detox diet cookbook is what you need.

Studies show an average person consumes at least TWICE the sugar/carb our body really need every day — mostly from "hidden" sugars found in most foods we eat today — which is then converted and stored in our body as stubborn fat.

This is why the *Sugar Detox Recipes In 30 Minutes Or Less* is created, to help blow your sugar cravings and stubborn fats away.

Unlike other sugar detox diet books, this cookbook gives you the **top 40 mouthwatering sugar detox diet recipes for breakfast, lunch, dinner, snacks and desserts you can easily prepare within the next 30 minutes, or less.**

These recipes come with step-by-step instructions and they are so tasty... even children with picky taste buds will come to love them. They not only **reduce or eliminate any sugar cravings** you may have, but they also **leave you feeling fuller and more energetic** after every meal.

PLUS! You'll also receive the *Sugar Detox Diet Crash Course* that will turn your body into a natural fat-burning furnace.

In just a few moments from now, you will begin to melt fats away — both safely and effectively — and achieve the body shape you truly desire...

To Get Started, Simply Scroll Up & Grab Your Copy of the *Sugar Detox Diet Recipes Ready In 30 Minutes or Less* Right Away!

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Michael Mantz:

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