



Green Goes with Everything: Simple Steps to a Healthier Life and a Cleaner Planet

Sloan Barnett

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Imagine if your best friend gave you vital information that could protect you and your family, and save you money, and help the planet. Imagine if you were given clear, simple choices, small changes that could have a big impact on your life. And you could still wear leather shoes and deodorant. You'd listen, right?

Well, think of *Today* show contributor Sloan Barnett as that friend. A mother of three, a dedicated consumer advocate, Sloan gives us a fast, simple, down-to-earth primer on the ways our homes are making us sick, and what we can all do to transform them into the safe sanctuaries we want and need them to be.

Sloan exposes the toxic truth behind the household products we use every day -- from laundry detergent to toothpaste to lipstick. She explains how these and other seemingly benign stuff can harm us and our children. She offers an array of alternatives, and inspires us to see that we're never helpless: Every day, we have the power to make better, smarter, safer choices.

Packed with common sense and sass, product picks and practical tips, *Green Goes With Everything* is for everyone who wants to live a healthier life.

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From reader reviews:

Richard Fentress:

A lot of people always spent their free time to vacation or perhaps go to the outside with them loved ones or their friend. Were you aware? Many a lot of people spent many people free time just watching TV, as well as playing video games all day long. If you want to try to find a new activity here is look different you can read any book. It is really fun in your case. If you enjoy the book which you read you can spent 24 hours a day to reading a reserve. The book Green Goes with Everything: Simple Steps to a Healthier Life and a Cleaner Planet it is quite good to read. There are a lot of folks that recommended this book. We were holding enjoying reading this book. When you did not have enough space to deliver this book you can buy the actual e-book. You can m0ore easily to read this book from the smart phone. The price is not too costly but this book has high quality.

Valerie Wright:

Playing with family in a park, coming to see the ocean world or hanging out with pals is thing that usually you might have done when you have spare time, and then why you don't try matter that really opposite from that. One particular activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition info. Even you love Green Goes with Everything: Simple Steps to a Healthier Life and a Cleaner Planet, you are able to enjoy both. It is very good combination right, you still desire to miss it? What kind of hang type is it? Oh can happen its mind hangout folks. What? Still don't get it, oh come on its identified as reading friends.

Gina Dana:

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