



Counseling and Psychotherapy: Theories and Interventions (3rd Edition)

David Capuzzi, Douglas R. Gross

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This is the ideal book for readers who are just beginning their study of counseling and psychotherapy. From it they will secure a solid foundation in the major theories of counseling and psychotherapy from twenty-three authors who are experienced in the theory they discuss. Because each theory is presented using a standard format and bolstered by a running case study, readers will also come away from this text with the cross-theory comparisons they need to decide on their own course of specialized study, and determine a personal perspective on counseling. Coverage includes Eastern theories, feminist theories, body-centered, and Rational Emotive Behavioral Theory. For anyone interested in pursuing a career in counseling and psychotherapy.

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