



The Slow Fix: Solve Problems, Work Smarter, and Live Better in a World Addicted to Speed

Carl Honore

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In *The Slow Fix*, bestselling author Carl Honoré delivers an exhilarating model for effective problem-solving, and provides brilliant insights on how you can solve problems, work smarter, and live better. Honoré decodes how we approach problems and paves the way to better decision-making and generating long-term solutions to life's inevitable challenges. Engaging and thought-provoking, *The Slow Fix* revolutionizes the way we live, work, consume, and think, ultimately increasing our wins and enhancing personal success.

With *The Slow Fix*, Honoré details a new paradigm for efficient, sustainable problem solving, teaching us how to use time to build expertise, take advantage of teamwork, find the right messenger to deliver our message, and much more.

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