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By (author) Janet L. Cummings By (author) Nicholas A. Cummings

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"Written by father-daughter psychologists Nick and Janet Cummings, this text provides proven patient-responsive interventions by practitioners who together have nearly a century of hands-on practice and innovation between them. Refocused Psychotherapy responds directly to the recent decline of psychotherapeutic practice, where medications have replaced psychosocial services as the dominant treatme

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