



# **Social Work Practice with Families: A Resiliency-Based Approach**

*Mary Patricia Van Hook*

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## **Social Work Practice with Families: A Resiliency-Based Approach** Mary Patricia Van Hook

Social Work Practice with Families is a useful guide to family therapy with a strengths-based perspective that focuses on families vitality and capacity to thrive. The book explores resiliency as an empirically grounded framework with which to conduct assessments with families effectively. Van Hook presents a thorough discussion of contemporary treatment models, clearly demonstrating the importance of selecting appropriate treatments based on the specifics of each assessment. Using extensive case materials drawn from both the United States and Canada, this new edition explores the various factors associated with family resiliency in the context of diverse cultures, family structures, and difficult life events.

The new edition of this leading family practice text has been updated to reflect the changing nature of family therapy and the evolving needs of educators and practitioners alike. Van Hook has added valuable new information on the history of family therapy and the family life cycle, and has included sections on working with military families, families affected by substance abuse, and attachment issues. The text is firmly grounded in empirical literature on treatment models and the factors that influence resiliency in families in general, as well as in specific cultural groups, family structures, and in problem situations.

Features: New! Classroom-ready PowerPoint slides available online. New! Overview on meeting CSWE s curriculum competencies. New! Discussion questions following each chapter. A clear, practice-focused discussion of contemporary treatment models including Social Learning/Cognitive, Psychoeducation, Structural, Solution Focused, Narrative, Multisystemic, Bowen Family System, and Object Relations. Each chapter presents the link between assessment and the specific treatment model discussed to help students learn ways to make appropriate selections of treatment strategies.

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