



The Confident Leader: How the Most Successful People Go From Effective to Exceptional

Larina Kase

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"This groundbreaking book will become a classic. I'll be recommending it to all of my readers."

-Kevin Hogan, author of *The Psychology of Persuasion*

New York Times bestselling author Larina Kase explains how to accomplish the things you think you can't, but really wish you could . . .

Many people who want to advance in their career or business are faced with an innate fear of change--even positive change that could move them forward. Using cutting-edge research to help readers become true leaders in their fields, Larina Kase provides strategies to help readers move out of their comfort zones and better distinguish the positive decisions and actions that will dramatically propel their success. She includes interviews with top business thinkers such as Seth Godin, Joe Vitale, Annie McKee, and Tim Sanders. Apply the lessons in this book to:

- Discover why you don't do what you need to do
- Empower yourself and others to stay motivated
- Transform fear of change into a positive driver for success
- Face uncomfortable situations with grace and poise

"Imagine what you could accomplish with the confidence of the world's top leaders . . . Read this book for a step-by-step plan to make it happen."

?Dr. Joe Vitale, author of *The Key*

"The success of coaches, clients, and self-help aficionados, in particular, will dramatically increase after putting Larina's powerful wisdom to work."

?Marilee Adams, Ph.D., author of *Change Your Questions, Change Your Life*

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