



### HBR's 10 Must Reads on Managing Yourself (with bonus article "How Will You Measure Your Life?" by Clayton M. Christensen)

Harvard Business Review, Peter Ferdinand Drucker, Clayton M. Christensen, Daniel Goleman

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The path to your professional success starts with a critical look in the mirror.

If you read nothing else on managing yourself, read these 10 articles (**plus the bonus article "How Will You Measure Your Life?" by Clayton M. Christensen**). We've combed through hundreds of *Harvard Business Review* articles to select the most important ones to help you maximize yourself.

HBR's 10 Must Reads on Managing Yourself will inspire you to:

Stay engaged throughout your 50+-year work life
Tap into your deepest values
Solicit candid feedback
Replenish physical and mental energy
Balance work, home, community, and self
Spread positive energy throughout your organization
Rebound from tough times
Decrease distractibility and frenzy
Delegate and develop employees' initiative

This collection of best-selling articles includes: **bonus article "How Will You Measure Your Life?" by Clayton M. Christensen**, "Managing Oneself," "Management Time: Who's Got the Monkey?" "How Resilience Works," "Manage Your Energy, Not Your Time," "Overloaded Circuits: Why Smart People Underperform," "Be a Better Leader, Have a Richer Life," "Reclaim Your Job," "Moments of Greatness: Entering the Fundamental State of Leadership," "What to Ask the Person in the Mirror," and "Primal Leadership: The Hidden Driver of Great Performance."



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