



# **The Founders of American Cuisine: Seven Cookbook Authors, with Historical Recipes**

*Harry Haff*

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# The Founders of American Cuisine: Seven Cookbook Authors, with Historical Recipes

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## **The Founders of American Cuisine: Seven Cookbook Authors, with Historical Recipes** Harry Haff

This work describes the lives, careers and significance of seven chefs and authors who had profound influences on the creation of American cuisine: Amelia Simmons, author of the first known American cookbook; Mary Randolph, whose *The Virginia Housewife* is considered the first regional American cookbook; Miss Leslie and her bestselling 19th century work; former slave Mrs. Abby Fisher and her book on Southern cooking; Lafcadio Hearn's *La Cuisine Creole*; Charles Ranhofer's influence on the role of the modern chef; and Victor Hirtzler and his California cuisine. The second section includes selected recipes from each author's books, with notes to aid adaptation by the modern cook.

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