



The Manipulative Child: How to Regain Control and Raise Resilient, Resourceful, and Independent Kids

Ernest W. Swihart Jr.

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Why do so many of our kids--raised in the most affluent nation on earth--fail to thrive and strive and enter adulthood lacking appropriate and effective coping skills? Drs. Swihart and Cotter have come up with a revolutionary theory on why our kids are having such a tough time of it today: It is because we allow our children to manipulate us, and the world around them, rather than teaching them how to respond to life and life's tough situations. The result is that manipulative behavior is directly tied to low self-esteem, which only heightens its negative impact on kids, families, and the larger communities we live in. The good news is that Drs. Swihart and Cotter have created a radical and clinically proven program for breaking manipulative behavior and getting our kids back on track. The program teaches parents to say no without feeling guilt; to resist the urge to feel responsible for their child's happiness; to view their children as emotionally competent and resilient; and most importantly, to realize that effective parenting means allowing your child to make mistakes and develop a sense of competence, which leads to enhanced self-esteem and an ability to live independently and successfully in the real world.

Drawing on their twenty-five years in private practice, the authors illustrate their program with examples of successful kids, as well as case studies of how parents have regained control and effectively blocked their children's manipulative behavior. The positive results will enlighten, and even astound you, and give you the tools needed to become a better parent.

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