



# Stop Hurting the Woman You Love: Breaking the Cycle of Abusive Behavior

*Charlie Donaldson M.A., Randy Flood*

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End the cycle of abuse - for good. Authors Charlie Donaldson, Randy Flood and Elaine Eldridge uncover a proven action plan that violent men can use to change their behavior. Filled with insightful questionnaires and actual case histories, the essential how-to book *Stop Hurting the Woman You Love*, will help end abusive patterns in favor of healthier, happier relationships.

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