



**Herbal Antibiotics: Top 25 Herbal Antibiotics
That Can Destroy Superbugs and Improve Your
Health (Herbal Antibiotics Secrets, home remedies,
medicinal ... alternative medicine, natural
antibiotics)**

Debra Brooks

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Modern medicine has always prided itself on inventing and administering new lifesaving treatments and medications, and on being able to cure severe illnesses and diseases. And since the 1940's – when antibiotics and other medicines began to be mass produced - “folk” remedies have been shunned in favor of laboratory controlled, measured amounts of synthetic medications.

But in the last ten years, certain types of bacteria have become increasingly immune to conventional antibiotics, and people around the globe are waking up to the fact that in the very near future natural plant-based remedies may be our only hope for saving mankind from many diseases - and untimely death. From ancient history until today, people have used the plants growing in their native areas to heal and prevent illnesses. And yet, despite the thousands of books on the market teaching people the importance of healthy diets and regular exercise as a means of warding off health problems, once people get sick, most of them still choose conventional medicine over natural methods of healing - either out of habit or because they simply don't know of any other way to treat themselves.

A growing number of scientific research studies are finding that many common plants have antibiotic properties that have proven to be stronger than any artificially manufactured cure. Once a plant is used as a medicine, it is referred to as an herb – and herbs may be our world's next super weapon in the fight against "superbugs".

This book will give you basic knowledge and confidence about using herbal antibiotics to maintain health and prevent illness, and includes information about:

- the difference between good and bad bacteria
- the difference between common viruses and superbugs
- the ways antibiotics are used and overused to treat serious illness
- 25 effective antibiotic herbs and how to benefit from them
- How to avoid unwanted side effects while using antibiotic herbs

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