



Long-Term Management of Patients After Myocardial Infarction (Developments in Cardiovascular Medicine)

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The management of patients who present with a myocardial infarction has altered radically over the past two decades. The expansion of knowledge relating to the epidemiology of the condition together with a greater understanding of the causes of the early mortality from it have resulted in major changes in the way these patients are treated during the acute phase of the illness. The development of 'dedicated' Coronary Care Units in hospitals and the recognition of the need for 'Mobile Coronary Care Units' in the community have made a major impact upon the early mortality from myocardial infarction. Over the past decade, a great deal of attention has been paid to strategies designed to limit the size of a myocardial infarct. As an extension of this approach, the 1980's have seen the evolution of techniques for revascularization of ischemic tissue. All these procedures while appearing to hold the promise of reducing the acute mortality from myocardial infarction, create the need for a planned approach to the long term management of these patients. While there are some modest indications that coronary atherosclerosis could be arrested or even reversed, for all practical purposes it remains a chronic progressive disease.

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